

# APRIL

## GLEN CREST – TRACK & FIELD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	INFORMATION
7 <b>ALL MATERIALS ARE DUE!</b> - Google Form: <i>Track Agreement</i> - Concussion Form - Up to date physical w/ nurse	8 <b>1st PRACTICE @ GC</b> ALL ATHLETES 2:45pm - 3:25pm FIELD EVENTS 3:30pm - 4:00pm	9 <b>PRACTICE @ GC</b> ALL ATHLETES 2:45pm - 3:25pm FIELD EVENTS 3:30pm - 4:00pm	10 <b>PRACTICE @ GC</b> ALL ATHLETES 2:45pm - 3:25pm FIELD EVENTS 3:30pm - 4:00pm	11 <b>NO PRACTICE</b> -STRETCH AND RECOVER-	<b>TRI: THREE TEAMS</b>  <b>QUAD: FOUR TEAMS</b>  All students attend home meets.  In order to partake in our away meets, you must <b>qualify</b> to be on our roster.
14 <b>PRACTICE @ GC</b> ALL ATHLETES 2:45pm - 3:25pm FIELD EVENTS 3:30pm - 4:00pm	15 <b>PRACTICE @ GC</b> ALL ATHLETES 2:45pm - 3:25pm FIELD EVENTS 3:30pm - 4:00pm	16 <b>PRACTICE @ GC</b> ALL ATHLETES 2:45pm - 3:25pm FIELD EVENTS 3:30pm - 4:00pm	17 <b>PRACTICE @ GC</b> ALL ATHLETES 2:45pm - 3:25pm FIELD EVENTS 3:30pm - 4:00pm	18 <b>NO SCHOOL</b>	
21 <b>NO SCHOOL</b>	22 <b>AWAY MEET @ WEST CHICAGO</b> TRI VS. MONROE & LEMAN <b>START TIME: 4:30pm</b>	23 <b>HOME MEET @ GLENBARD SOUTH</b> QUAD VS. Marquardt, Stratford, & Leman <b>START TIME: 4:15pm</b>	24 <b>PRACTICE @ GC</b> ALL ATHLETES 2:45pm - 3:25pm FIELD EVENTS 3:30pm - 4:00pm	25 <b>NO PRACTICE</b> -STRETCH AND RECOVER-	
28 <b>AWAY MEET @ WHEATON NORTH</b> TRI VS. MONROE & WESTLAKE <b>START TIME: 4:30pm</b>	29 <b>PRACTICE @ GC</b> ALL ATHLETES 2:45pm - 3:25pm FIELD EVENTS 3:30pm - 4:00pm	30 <b>HOME MEET @ GLENBARD SOUTH</b> TRI VS. HUBBLE & HADLEY <b>START TIME: 4:15pm</b>	5/1 <b>PRACTICE @ GC</b> ALL ATHLETES 2:45pm - 3:25pm FIELD EVENTS 3:30pm - 4:00pm	5/2 <b>NO PRACTICE</b> -STRETCH AND RECOVER-	

# MAY

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	INFORMATION
5 <b>PRACTICE @ GC</b> ALL ATHLETES 2:45pm - 3:25pm FIELD EVENTS 3:30pm - 4:00pm	6 <b>PRACTICE @ GC</b> ALL ATHLETES 2:45pm - 3:25pm FIELD EVENTS 3:30pm - 4:00pm	7 <b>HOME MEET @ GLENBARD SOUTH</b> TRI VS. FRANKLIN & GLENSIDE <b>START TIME: 4:15pm</b>	8 <b>PRACTICE @ GC</b> ALL ATHLETES 2:45pm - 3:25pm FIELD EVENTS 3:30pm - 4:00pm	9 <b>NO PRACTICE</b> -STRETCH AND RECOVER-	<b>TRI: THREE TEAMS</b>  <b>QUAD: FOUR TEAMS</b>  All students attend home meets.  In order to partake in our away meets, and conference meet, you must <b>qualify</b> to be on our roster.
12 <b>PRACTICE @ GC</b> ALL ATHLETES 2:45pm - 3:25pm FIELD EVENTS 3:30pm - 4:00pm	13 <b>PRACTICE @ GC</b> ALL ATHLETES 2:45pm - 3:25pm FIELD EVENTS 3:30pm - 4:00pm	14 <b>PRACTICE @ GC</b> CONFERENCE ATHLETES 2:45pm - 3:25pm FIELD EVENTS 3:30pm - 4:00pm	15 <b>PRACTICE @ GC</b> CONFERENCE ATHLETES 2:45pm - 3:25pm FIELD EVENTS 3:30pm - 4:00pm	16 <b>NO PRACTICE</b> -STRETCH AND RECOVER-	
<b>Conference @ Wheaton North</b> <b>DATE: Saturday, May 17th 2025</b> <b>START TIME: 1:00pm</b>					

# MEET SCHEDULE 2025

## GLEN CREST - TRACK & FIELD

DATE	HOME / AWAY	TIME	LOCATION	TEAMS
<b>Tuesday, April 22nd</b>	AWAY	4:30pm	West Chicago	<b>TRI:</b> Monroe & Leman
<b>Wednesday, April 23rd</b>	HOME	4:15pm	Glenbard South	<b>QUAD:</b> Marquardt, Stratford, & Jay Stream
<b>Monday, April 28th</b>	AWAY	4:30pm	Wheaton North	<b>TRI:</b> Monroe & Westlake
<b>Wednesday, April 30th</b>	HOME	4:15pm	Glenbard South	<b>TRI:</b> Hadley & Hubble
<b>Wednesday, May 7th</b>	HOME	4:15pm	Glenbard South	<b>TRI:</b> Franklin & Glenside
<b>Saturday, May 17th</b>	AWAY	1:00pm	Wheaton North	<b>CONFERENCE MEET</b>

### MEET DETAILS

<b>HOME VS. AWAY MEETS</b>	ALL STUDENTS are expected to come to home meets. <b><u>In order to partake in away meets, you must qualify for your event(s).</u></b>
<b>TRIANGULAR MEETS</b>	4 field event participants per level (except high jump has 3), 2 runners and 1 relay team per level (except the 800 M Run and the 1600 M Run).
<b>QUADRANGULAR MEETS</b>	3 field event participants per level (except high jump has 2), 2 runners and 1 relay team per level (except the 800 M Run and the 1600 M Run).
<b>CONFERENCE MEET</b>	2 field event participants per level, 2 runners per level, and 1 relay team per level

